




PE Vocabulary Progression:

	<u>Vocabulary for Gymnastics</u>	<u>Vocabulary for Dance</u>	<u>Vocabulary for Games/Athletics/OAA</u>
<u>EYFS</u>	Over Under Around Through Jump Leap Roll Rock Travel Balance Push Pull Apparatus Land Stop High Low Movement Take off Sequence Flight Position Link Skip Perform Craw	Travel Slither Gallop Shuffle Roll Crawl Action Lead Follow Copy Direction Stretch Curl Twist Turn Between Through Above Below Space Forwards Backwards Skip Jump Hop Movement	Walk Run Throw Fast Slow Catch Roll Space Push Pull Pat Kick Bounce Control Direction Watch Hop Skip Step Follow


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	<u>Vocabulary for Gymnastics</u>	<u>Vocabulary for Dance</u>	<u>Vocabulary for Games/Athletics/OAA</u>
<u>Year 1/2</u>	Agility Coordination Spin Control Symmetry Asymmetry Performance Patches Points Partner Wide Narrow Curled Straddle Tuck Pike Inversion Motion Contrast Level Direction Sideways Forwards Backwards Pathways Elevation	Stillness Bounce Spring Spin Freeze Sideways Near Far Calm Levels High Medium Low Fast Slow Curved Pathway Rhythm Coordination Pattern Control Speed Sequence Balance Performance	Send Receive Underarm Overarm Free space Opposite Team Track Aim Speed Pass Shoot Score Strike Sprint Jog Speed Pace High Low Far Near Straight Coordination Participate Avoid Accuracy Chest pass Bounce pass Technique Target

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 Broadheath Primary School	<u>Vocabulary for Gymnastics</u>	<u>Vocabulary for Dance</u>	<u>Vocabulary for Games/Athletics/OAA</u>
<u>Year 3/4</u>	Transition Precision Constructive Formation Unison Evaluation Alternate Clarity Cartwheel Timing Technique Dynamics Confidence Speed Cooperation Mount Dismount Smooth Flow Rotation Axis Stamina Strength Flexibility Combine Extension Impact	Unison Create Combine Repetition Adapt Motif Evaluate Improve Agility Flexibility Strength Formation Timing Spatial awareness Reaction Technique Combination Dynamics Creativity	Possession Dribble Support Points Goals Rules Tactics Listen Explore Plan Map Diagram Rebound Picture Symbol Trail Find Challenge Baton Relay Take off Landing Power Accelerate Defend Attack Cooperation Batting Fielding Bowler Wicket Court Pitch Boundary Stance Stamina Position Rally Vocab associated with supporting partners and others in their team

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<u>Year 5/6</u>	Momentum Arch Bridge Leapfrog Fluent Fluency Fluidity Variation Demonstration Refine Audience Canon Tempo Tension Collaboration Counter tension Synchronisation Arabesque Mirroring Explosive Matching Counter balance Partner balance Body tension Aesthetic Qualities Criteria Judgement	Canon Dance phrase Expression Gesture Interpret Exploration Stimulus Improvisation Tension Fluency Variation Phrase Dance style Parallel Criteria Aesthetic Inverted Refine Tempo Audience Composition	Shielding Width Depth Mark Cover Dodge Defence Repossession Stamina Run up Take off Orienteering Strategy Approach Collaborate Decision Forehand Backhand Volley Effective Composition Leading leg Evaluate Release Vocab associated with supporting partners and others in their team Officiating Vocab associated with supporting partners and others in their team