

**Trafford
School
Lunch
Menu**

Week 1

Monday

Tuesday

Wednesday

Thursday

Friday

Main

**Turkey/Lamb
Burger on served
on a bun**

**Italian Bolognese
Pasta Bake**

**Roast Turkey served
with Yorkshire
pudding and Onion
gravy**

**BBQ coated
Chicken**

**Battered Salmon
Fish Fingers**

Vegetarian

**Quorn Burger
served on a
bun**

Macaroni Cheese

**Quorn Fillet served
with Yorkshire
pudding and Onion
gravy**

**BBQ Coated
Quorn**

**Vegetable
Breaded Grill**

Carbs

**Oven baked
Jacket Wedges**

**Fresh
Crusty Bread**

**Roast potatoes
or
Creamed Potatoes**

**Mediterranean
Cous Cous**

**Chipped
Potatoes**

Vegetables

**Coleslaw &
Chopped Salad**

Garden Peas

Broccoli

Sweetcorn

Baked Beans

Pudding

**Raspberry
Smoothie**

**Blueberry
Muffins**

Shortbread

**Lemon Drizzle
Cake**

Flapjack

**Jugs of
Water,
Fresh Fruit
and
Yoghurt
Served
Daily**



Freshly baked potatoes served with a choice of filling plus salad or hot vegetable accompaniment. The following fillings are served as a daily special:

- Homemade Coleslaw
- Baked Beans
- Cheddar Cheese
- Tuna Mayonnaise
- BBQ Beans

Sandwiches available on a selection of breads with salad accompaniment. Serve the following fillings every day, plus the daily special:

- Egg Mayonnaise
- Tuna Mayonnaise
- Cheddar Cheese
- Hummus
- Cheese & Bean Pitta

Freshly prepared salad served each day with, tomato, cucumber, lettuce, peppers. Plus daily special: