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Week 4

**Fish finger**

**Wraps**

**Lincoln**

**Sausages**

**Roast Chicken**

**Southern Fried Baked Chicken**

 

**Friday**

**Thursday**

**Tuesday**

**Wednesday**

**Monday**

Monday

**Lasagne**

Main

**Vegetarian Sausage Wrap**

**Quorn**

**Sausages**

**Leek & Potato Bake**

**Southern Fried Baked Quorn**

**Fillets**

**Tomato Pasta Bake**

Vegetarian

Jugs of Water, Yoghurts Daily

**Sautéed Potatoes**

**Rice & Plain Cornbread**

**Roast Potato**

**Mash**

**Italian Flat Bread**

Carbs

**Large mixed**

**Salad**

**Carrots**

**Sweetcorn**

**Mixed Veg**

**Beans**

Vegetables



**Oat**

**Cookie**

**Scones with**

**Jam &**

**Fresh Cream**

**Sponge**

**Cakes**

**Carrot Cake**

**Artic Roll**

Pudding

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Freshly baked potatoes served with a choice of filling plus salad or hot vegetable accompaniment. The following fillings are served as a daily special:

 ●Homemade Coleslaw ● Baked Beans ● Cheddar Cheese ● Tuna Mayonnaise ● BBQ Beans

Wraps with salad accompaniment. Serve the following fillings every day, plus the

 Daily special: ● Egg Mayonnaise ● Tuna Mayonnaise ● Cheddar Cheese

 Freshly prepared salad served each day with, tomato, cucumber, lettuce, peppers. Plus daily special:

 ● Couscous ● Potato salad ● coleslaw rice salad ● pasta salad