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Week 3

**Tuna**

**Pizza**

**Meat, Veg & Potato Pie**

**Braised Steak**

 

**Friday**

**Thursday**

**Tuesday**

**Wednesday**

**Monday**

Monday

**Chicken Sweet & Sour**

**Spaghetti Bolognaise**

Main

**Quorn mince bolognaise**

**Cheese Pizza**

**Cheesy Whirls**

 **Quorn Roast**

**Vegetable Sweet & sour**

Vegetarian

Jugs of Water, Yoghurts Daily

**Garlic Bread & Pasta**

**Wedges**

**Rice**

**Roast Potatoes & Yorkshire Pudding**

**Mash**

**or Wholemeal Crusty Bread**

Carbs

**Garden**

**Peas**

**Large mixed salad**

**Mixed Veg**

**Broccoli**

**Sweetcorn**

Vegetables



**Iced Strawberry Yoghurt**

**Apricot Flapjack**

**Vanilla Biscuit**

**Raspberry Buns**

**Chocolate &**

**Mandarin**

**Cake Bar**

Pudding

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Freshly baked potatoes served with a choice of filling plus salad or hot vegetable accompaniment. The following fillings are served as a daily special:

 ●Homemade Coleslaw ● Baked Beans ● Cheddar Cheese ● Tuna Mayonnaise ● BBQ Beans

 Wraps with salad accompaniment. Serve the following fillings every day, plus the

 Daily special: ● Egg Mayonnaise ● Tuna Mayonnaise ● Cheddar Cheese

 Freshly prepared salad served each day with, tomato, cucumber, lettuce, peppers. Plus daily special:

 ● Couscous ● Potato salad ● coleslaw rice salad ● pasta salad